Cover overview 2027
I-Jongeren (werknemer) and IKEA Inzetbaar module

This cover overview is intended to easily show which types of reimbursements are included in an insurance policy. The overview provides a general description of healthcare services. No rights can be derived from this. Additional terms for reimbursement may be included in the policy conditions. There may also be limitations on reimbursement, for example, in the case of a non-contracted healthcare provider.

For a complete overview, we recommend reading the policy terms and conditions carefully, as they always take precedence. You can find them and other information in your personal online account.

Type of care	I-Jongeren (werknemer)	IKEA Inzetbaar module
Alternative care		
Consultations of alternative doctors / therapists, and homeopathic and anthroposophic medicines	€ 200 per calendar year, consultations € 30 per day	
Bones, musles, joints		
Exercise programs	€ 350 per 3 calendar year	
Physiotherapy and remedial therapy (Cesar/Mensendieck)	3 treatments per calendar year + coverage from IKEA Inzetbaar module	6 treatments per calendar year
Fysio Zelfcheck (Physio Self-check) app	Coverage from IKEA Inzetbaar module	100%
Sports medical examination	€ 150 per calendar year	
Abroad		
Vaccinations and preventative medications related to stays abroad	100%, only by Reisprik.nl	
Emergency care abroad during vacation or temporary stay	Full, in addition to the basic health insurance	
Emergency dental care abroad during vacation or temporary stay	€ 275 per calendar year	
Repatriation from abroad	100%	
Medicines		
Contraceptives from age 21	100%	
Skin treatments		
Acne therapy	€ 230 per calendar year	

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Type of care	I-Jongeren (werknemer)	IKEA Inzetbaar module
Camouflage therapy	€ 200 for the duration of the insurance	
Hair removal	€ 570 for the duration of the insurance	
Medical aids		
Breast prosthesis accessories	€ 90 per calendar year	
Artificial nipple / mammilla prosthesis		
Informal care		
Informal care course	€ 150 for the duration of the insurance	
Informal care replacement	Coverage from IKEA Inzetbaar module	€ 2,000 per calendar year
Informal care broker	€ 300 per calendar year + coverage from IKEA Inzetbaar module	€ 200 per calendar year
Prevention and aftercare		
Courses and education	€ 50 per calendar year	
Health check	€ 60 per calendar year	
Drop-in center for (ex) cancer patients and family members (IPSO)	€ 150 per calendar year	
Dental care		
Dental care from age 18	€ 350 per calendar year; consultations: 100%, other treatments: 80%	
Dental care as a result of an accident	€ 10,000 per accident	
Stay		
Overnight stay in a guest house	€ 500 per calendar year	
Nutritional education		
Dietary advice, in addition to the basic health insurance	3 hours per calendar year	
Weight consultant	€ 50 per calendar year + coverage from IKEA Inzetbaar module	1 'Gezond afvallen' programme per calendar year at MyDailyLifestyle
Foot care		
Pedicure (medical foot)	€ 25 per day up to € 70 per calendar year	
Podotherapy, podiatry and insoles	€ 70 per calendar year	
Sight		
Spectacles and lenses	€ 100 per 2 calendar years	
Laser eye surgery and lens implantation		

Type of care	I-Jongeren (werknemer)	IKEA Inzetbaar module
Other		
Psychological expertise	Coverage from IKEA Inzetbaar module	8 sessions of 1 hour per theme per calendar year
Budget coach	Coverage from IKEA Inzetbaar module	3 hours per calendar year via MyDailyLifestyle; OR 2 hours per calendar year via Gimd
Coaching to reduce alcohol consumption	Coverage from IKEA Inzetbaar module	Free online coaching at Minderdrinken
Menopause consultant (Care for Women)	Coverage from IKEA Inzetbaar module	€ 300 per calendar year
Sleep coach	Coverage from IKEA Inzetbaar module	The Somnox program for 6 months, once for the duration of the insurance
Taxi transport for commuting, requested by the employer	Coverage from IKEA Inzetbaar module	€ 250 per calendar year
Trauma counseling and care, requested by the employer	Coverage from IKEA Inzetbaar module	€ 3,000 per employer per calendar year