

Cover overview 2026

I-Jongeren

This cover overview is intended to easily show which types of reimbursements are included in an insurance policy. The overview provides a general description of healthcare services. No rights can be derived from this. Additional terms for reimbursement may be included in the policy conditions. There may also be limitations on reimbursement, for example, in the case of a non-contracted healthcare provider.

For a complete overview, we recommend thoroughly reading the policy conditions, which always take precedence.
Questions? Feel free to call us at 088 - 35 35 763.

Type of care	I-Jongeren
Alternative care	
Consultations of alternative doctors / therapists, and homeopathic and anthroposophic medicines	€ 200 per calendar year, consultations € 30 per day
Bones, muscles, joints	
Exercise programs	€ 350 per 3 calendar year
Physiotherapy and remedial therapy (Cesar/Mensendieck)	9 treatments per calendar year
Fysio Zelfcheck (Physio Self-check) app	100%
Sports medical examination	€ 150 per calendar year
Abroad	
Vaccinations and preventative medications related to stays abroad	100%, with a contracted care provider
Emergency care abroad during vacation or temporary stay	Full, in addition to the basic health insurance
Emergency dental care abroad during vacation or temporary stay	€ 275 per calendar year
Repatriation from abroad	100%
Medicines	
Contraceptives from age 21	100%
Skin treatments	
Acne therapy	€ 230 per calendar year
Camouflage therapy	€ 200 for the duration of the insurance
Hair removal	€ 570 for the duration of the insurance

Type of care	I-Jongeren
Medical aids	
Breast prosthesis accessories	€ 90 per calendar year
Artificial nipple / mammailla prosthesis	
Informal care	
Informal care course	€ 150 for the duration of the insurance
Informal care broker	7 hours for the duration of the insurance
Informal care replacement	€ 150 per day up to € 1,500 per calendar year
Prevention and aftercare	
Courses and education	€ 50 per calendar year
Health check	€ 60 per calendar year
Drop-in center for (ex) cancer patients and family members (IPSO)	€ 150 per calendar year
Dental care	
Dental care from age 18	€ 350 per calendar year; consultations: 100%, other treatments: 80%
Dental care as a result of an accident	€ 10,000 per accident
Stay	
Overnight stay in a guest house	€ 500 per calendar year
Nutritional education	
Dietary advice, in addition to the basic health insurance	3 hours per calendar year
Weight consultant	€ 50 per calendar year
Foot care	
Pedicure (medical foot)	€ 25 per day up to € 70 per calendar year
Podotherapy, podiatry and insoles	€ 70 per calendar year
Sight	
Spectacles and lenses	€ 100 per 2 calendar years
Laser eye surgery and lens implantation	